



Spring Aikido Course

9th March 2024
£10 Admission

All affiliations with insurance welcome

10.00 - 10.45

Principal Sensei Wilkes

11.00 - 11.40

Sensei Palmer

11.45 - 12.30

Sensei Lee

12.45 - 13.15

Lunch

13.15 - 14.00

Principal Sensei Wilkes

14.00 - 14.45

Sensei Sotowicz / Washbrook

14.50 - 15.35

Sensei Wells

15.35 - 16.10

Sensei Brignall

Scan to visit our website



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